OHA Green Kitchen

CATERING MENU



WEEK 38

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WARM MAINS	WARM MAINS	WARM MAINS	WARM MAINS	WARM MAINS
Vegetable Pakoras with Curry Sauce	Moroccan Inspired Quinoa Pot with Olives and Spinach	Veggie Ball Shakshuka with Aioli (tomato based stew)	Gnocchi in cashew cream	Korean Inspired Sweet and Sticky BBQ Tempeh with
SIDES		SIDES	SIDES	Citrus Salad
Basmati Rice with Dried fruits	SIDES	Wild Rice with nuts and	Miso Butter Roasted Cabbage	SIDES
	Tomato Tarts with Puff Pastry seeds		Wedges	Purple Rice with mix sesame
SALADS	SALADS	SALADS	SALADS	SALADS
High Protein Roasted Broccoli Salad	Fennel, Apple and Cabbage	Green Bean Crunch Salad in	Green Pea Couscous Salad	Korean Inspired Cucumber
Mixed Greens with	Slaw with Green Mayonnaise	Peanut Vinaigrette	Mixed Greens with roasted	Salad
Cucumbers, nuts and seeds	Mixed Greens with Mixed	Mixed Greens with Roasted	pineapple, seeds, nuts in berry vinaigrette	Mixed Greens with pears,
in Orange Vinaigrette	Berries, nuts and seeds in Vinaigrette	Nectarine, Green peas, nuts and seeds in vinaigrette		seeds, nuts in Vinaigrette dressing
SPREADS			SPREADS	
Classic Hummus	SPREADS	SPREADS Butter Bean Mash	Pink Hummus	SPREADS
Pink Hummus	Classic Hummus		Classic Hummus	Classic Hummus
	Green Hummus	Green Hummus	BREAD	Smoked Paprika Hummus
BREAD	DDEAD	BREAD	Sourdough	BREAD
Sourdough	BREAD Sourdough	Sourdough	Stoneaged bread	Sourdough
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Stoneaged bread